



NONPROFIT / 501(C)3

OUR STORY

Honor Garden reflects on a time when every American was counted on to do their part. It was a time of great food insecurity due to a lack of labor, reallocation of transportation resources, and necessity to send food overseas. In light of all the hardship, Americans responded in astounding fashion, with over 40 percent of the Nation's produce supply raised in backyard gardens. Today we are once again on the brink of a food crisis and the need to mobilize.

Honor Garden has a solution and believes that Veterans and Military members and families are well equipped as modern day problem-solvers. Honor Garden sees three problems: food insecurity, an aging farmer population, the physiological toll of two decades of sustained war on our Veterans. What is the solution to these detrimental problems threatening our nation? The same solution that kept agriculture thriving during World Wars I and II: Honor Gardens!

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IMPORTANT LINKS:

'GOFUNDME' LINK:

<https://gofund.me/a86adcca>

WEBSITE LINK:

<https://www.honorgarden.org>

LOCAL ADVOCATES:



NATIONAL ADVOCATES:



OUR SOLUTION: SUSTAINABLE VETERANS AND COMMUNITIES

Honor Garden is open to all Veterans, Active Duty Military and residents of the communities where they are located. The vision of Honor Garden is simple: creating spaces where Veterans, Military and their families and friends can heal from traumas that often lead to isolation, drug or alcohol abuse, and suicide while finding the camaraderie of being with others who have a greater understanding of their experiences.

Working the land is healing. Agri-therapy has proven therapeutic for Veterans suffering from PTSD and depression. Did you know that dirt contains microbes that trigger the release of serotonin in the body? This improves mood, and decreases anxiety which results in a WIN-WIN!

**“DIRT CONTAINS MICROBES THAT TRIGGER THE
RELEASE OF SEROTONIN IN THE BODY”**

Honor Gardens is committed to providing programs to assist Veterans both within and outside the VA that can be replicated across the Country. Studies have shown that working with the soil and growing living plants are extremely therapeutic for veterans suffering from war-related disorders, Honor Garden programs and projects will help to provide that healing. Honor Garden's innovative "Honor Box" drop-

ship program distributes fresh vegetables from our gardens to Veterans in the most needs category with a hope of eliminating Veteran hunger and suicide.

Our core programs are rooted in the adage that "it is better to be a warrior in a garden than a gardener in war." (source unknown) on which we layer additional horticultural therapy and holistic wellness programs that first and foremost serve Veterans and equip them with a sustainable food source so that they can thrive in the communities they have so honorably served.



Image: Honor Gardens "Honor Hall" Education Center
concept drawing for future project build.

WHAT'S NEXT:

The added advantage to better equipping, educating and supporting Garden programs is helping fill the gap of the much needed agriculture dependency of America's finest. Recent studies show that America is in need of a million new farmers in order to maintain the demand for fresh fruits and vegetables. Honor Gardens education and awareness programs help to provide Veterans with various employment opportunities in sustainable agriculture.

First and foremost Honor Garden is here to help Veterans and the communities they support. Here's what we've learned so far through our 'gofundme' campaign. We've learned that "you don't have to be special to do something special for someone else. Regular people do amazing things together when we look around and are open to others in our own communities." Brian Lloyd, Founder.

"YOU DON'T HAVE TO BE SPECIAL TO DO SOMETHING SPECIAL FOR SOMEONE ELSE".

We look forward to creating a deeper connection with the St. George community and those Veterans that call Utah's Dixie home. Honor Garden continues to rely on those that support Veterans to help us with sharing and engaging with a broader audience as we grow awareness to this critical initiative.

“REGULAR PEOPLE DO AMAZING THINGS TOGETHER WHEN THEY LOOK AROUND AND ARE OPEN TO OTHERS IN OUR OWN COMMUNITIES.”

We're so excited about the progress, having established some partnerships with business in the greater St. George area and hope to expand those relationships throughout Utah. We've put in motion the initial steps to building out a professional website that will be a meeting place for millions of visitors to get engaged and support sustainable Veterans and the communities they serve.

Thank you to everyone who supports Veteran initiatives and preserves the American way of life. God Bless you and this Great Nation.



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